

## Ascorbic Acid (Vitamin C), Plasma

**Test ID:** VITC

**Explanation:** On the effective date plasma gel separator (PST) will be removed from the acceptable collection tubes.

Current Specimen Required	New Specimen Required
<p><b>Patient Preparation:</b> Fasting overnight (12-14 hours) (infants-collect prior to next feeding). Water can be taken as needed.</p> <p><b>Supplies:</b> Sarstedt 5 mL Aliquot Tube (Amber) (T915)</p> <p><b>Collection Container/Tube:</b> Green top (sodium or lithium heparin) or plasma gel separator (PST)</p> <p><b>Submission Container/Tube:</b> Amber vial</p> <p><b>Specimen Volume:</b> 1 mL</p> <p><b>Collection Instructions:</b></p> <ol style="list-style-type: none"><li>1. Immediately place specimen on wet ice and process within 4 hours of collection.</li><li>2. Centrifuge at 4 degrees C, aliquot plasma into amber vial to protect from light, and freeze immediately.</li></ol>	<p><b>Patient Preparation:</b> Fasting overnight (12-14 hours) (infants-collect prior to next feeding). Water can be taken as needed.</p> <p><b>Supplies:</b> Amber Frosted Tube, 5 mL (T915)</p> <p><b>Collection Container/Tube:</b></p> <p><b>Preferred:</b> Green top (sodium or lithium heparin)</p> <p><b>Submission Container/Tube:</b> Amber vial</p> <p><b>Specimen Volume:</b> 1 mL</p> <p><b>Collection Instructions:</b></p> <ol style="list-style-type: none"><li>1. Immediately place specimen on wet ice and process within 4 hours of collection.</li><li>2. Centrifuge at 4 degrees C, aliquot plasma into amber vial to protect from light.</li><li>3. Freeze plasma immediately, ideally at or below -60 degrees C, protected from light.</li></ol>

### Questions

Contact Amy Ennis, Laboratory Resource Coordinator at 800-533-1710.